



My weekly Challenge chart.

Sng @home.

Challenge	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
How many pieces of pasta did you get in the cup?							

Your challenge is to throw the pasta pieces into the cup and count how many you got in!

1. Count how many times it gets in to the cup.

2. Try it each day.

Good Luck with your target practice.

Send me a photo of it and I will send you a challenge Star of the week.

Jane@stretchngrow.ie/0872203522